





## Let's Cut Air Pollution in Charlton Kings

What is engine idling – and why does it matter?

Idling is when a car is left running while stationary - for example, while waiting at a school gate, sitting in a car park, pulled over near shops, or paused in a queue of traffic.

Idling adds significantly to local air pollution. In fact, idling for a 30 second period produces nearly twice as much pollution as switching off then restarting the engine\*.

It releases harmful gases like nitrogen dioxide and tiny particles (PM2.5) into the air we all breathe, and in the UK, this is contributing to 40,000 early deaths every year\*\*.

Air pollution affects everyone, but children and babies in utero are especially vulnerable. It is linked to cancer, asthma, stroke, heart disease, diabetes, obesity, and changes linked to dementia\*\*.

## Want to know more or support the campaign?

Visit the website to learn more





<sup>\*</sup> Idling Research by TRL, 2021. \*\* Royal College of Physicians Report, 2016 Artwork used with the kind permission of Idling Action London and The Mayor of London